



# केन्द्रीय माध्यमिक शिक्षा बोर्ड

(मानव संसाधन विकास मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन)

## CENTRAL BOARD OF SECONDARY EDUCATION

(An Autonomous Organisation under the Ministry of Human Resource Development, Govt. of India)



CBSE/DIR./SE./IDY/2020

17.06.2020

### NOTIFICATION

#### CBSE – Fit India - International Yoga Day Celebration – 2020

As you are aware, Fit India is already conducting a campaign in partnership with CBSE for the overall physical, emotional, and mental well-being of our school students, especially during the lockdown period.

As part of our continued efforts, CBSE in partnership with Fit India Mission proposes to organize a special live session at 5:00 PM on 21<sup>st</sup> June 2020 to celebrate International Yoga Day – 2020.

Ms. Shilpa Shetty, renowned fitness icon and experienced Yoga practitioner will be conducting the live session on [Fit India YouTube channel](#) and CBSE social media platforms. MoS (I/C), MoYAS and two sports icons are also likely to join the live session.

The session will be specially designed keeping in mind MoAYUSH guidelines about yoga@home and to engage children meaningfully through fun and education elements about yoga.

You are requested to share the information about the event with your students and teachers, so that maximum number of students, teachers and their families can benefit from the same.

*Biswajit Saha*

(Dr. Biswajit Saha)

Director (Training and Skill Education)



‘शिक्षा सदन’, 17 राऊज़ एवेन्यू, इंस्टीट्यूशनल एरिया, नई दिल्ली-110002  
‘Shiksha Sadan’, 17, Rouse Avenue, Institutional Area, New Delhi – 110002





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**Copy to the respective Heads of Directorates, Organizations and Institutions as indicated below with a request to disseminate the information to all the schools under their jurisdiction:**

1. The Commissioner, Kendriya Vidyalaya Sangathan, 18-Institutional Area, Shaheed Jeet Singh Marg, New Delhi-110016.
2. The Commissioner, Navodaya Vidyalaya Samiti, B-15, Sector-62, Institutional Area, Noida- 201309
3. The Additional Chief Secretary/Principal Secretary/Secretary (School Education), Government of Arunachal Pradesh, Itanagar – 791111
4. The Additional Chief Secretary/ Principal Secretary (School Education), Government of Sikkim, Gangtok, Sikkim –737101
5. The Principal Secretary/Secretary (School Education), Government of NCT of Delhi, Old Secretariat, Delhi - 110054.
6. The Principal Secretary (School Education), Union Territory Secretariat, Sec- 9, Chandigarh
7. The Principal Secretary/Secretary (School Education), Govt. of A&N Islands, Port Blair
8. The Principal Secretary/Secretary (School Education), Govt. of Odisha
9. The Principal Secretary/Secretary (School Education), Govt. of Chhattisgarh
10. The Principal Secretary/Secretary (School Education), Govt. of Tripura
11. The Principal Secretary/Secretary (School Education), Govt. of Haryana
12. The Director of Education, Directorate of Education, Govt. of NCT of Delhi, Old Secretariat, Delhi - 54
13. The Director of Public Instructions (Schools), Union Territory Secretariat, Sec- 9, Chandigarh- 160017
14. The Director of Education, Govt. of Sikkim, Gangtok, Sikkim –737101
15. The Director of School Education, Govt. of Arunachal Pradesh, Itanagar –791111
16. The Director of Education, Govt. of A&N Islands, Port Blair – 744101
17. The Director, Central Tibetan School Administration, ESSESS Plaza, Community Centre, Sec- 3, Rohini, Delhi
18. The Under Secretary (EE-I), MHRD, Govt. of India, Department of SE&L, Shastri Bhawan, New Delhi- 01
19. The Additional Director General of Army Education, A – Wing, Sena Bhawan, DHQ, PO, New Delhi-01
20. The Secretary AWES, Integrated Headquarters of MoD (Army), FDRS Building No. 202, Shankar Vihar (Near APS), Delhi Cantt-110010
21. The Director, NCERT for information.
22. The Director General, National Testing Agency for information.
23. The Chairman, NIOS, Noida for information.
24. All Regional Directors/Regional Officers of CBSE with the request to send this circular to all the Heads of the affiliated schools of the Board in their respective regions
25. All Heads of COEs of CBSE
26. All Joint Secretaries/ Deputy Secretaries/ Assistant Secretaries, CBSE
27. In charge IT Unit with the request to put this circular on the CBSE Academic website
28. The Head (Public Relations), CBSE
29. SPS to Secretary, Director (Information Technology), Director (Academics), Controller of Examinations, Director (Skill Education & Training), Director (Professional Exams), CBSE

**Director (Training and Skill Education)**



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